



Study of Sex education among students and study of cultural, social and other constraints in india

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Introduction : Sexuality is essential component of healthy element for young people. Sex education teaches our young ones about sexual intimacy, but also enlightens them on their reproductive systems, birth control, and

sexually transmitted diseases. The purpose of this research is to examine the attitude of college students towards sex education. Subjects included 60 college students, 30 Rural and 30 urban students from Arts College in Gujarat State (India). The instrument used in this study is social attitude scale (measurement battery) towards sex education scale, had reliabilities of .56 to .87 on the dimension within the total scale. Data were analyzed using t-Test; findings indicated that students were supportive of sex education. Girls generally favored such education more compare to the boys. And same in the case of Urban and Rural also the urban students were found more favorable. It was also observed that those students who are matured and grown normally were having more favorable attitudes toward the concepts of sex education.

Keywords: Young People, Sexuality Education, Joint United Nations Programme on HIV/AIDS (UNAIDS), Human immunodeficiency virus infection / acquired immunodeficiency syndrome (HIV/AIDS).



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